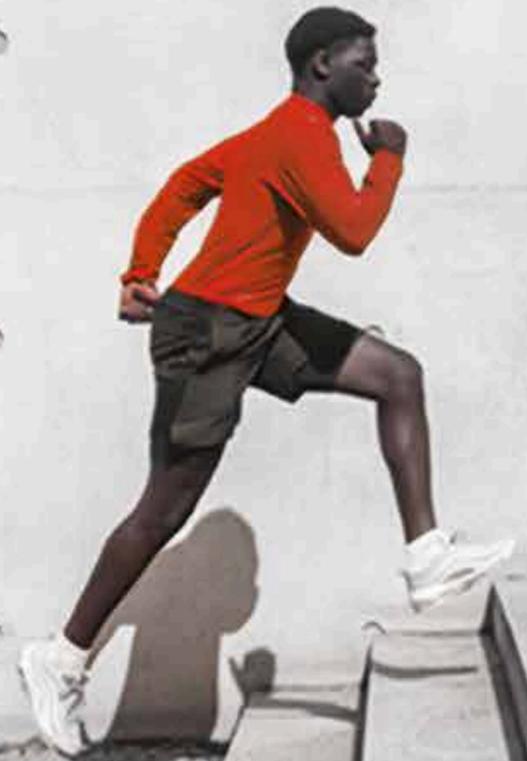


TOPWAX[®]

NOURISHING BODY, MIND AND SOUL



PRODUCT CATALOG

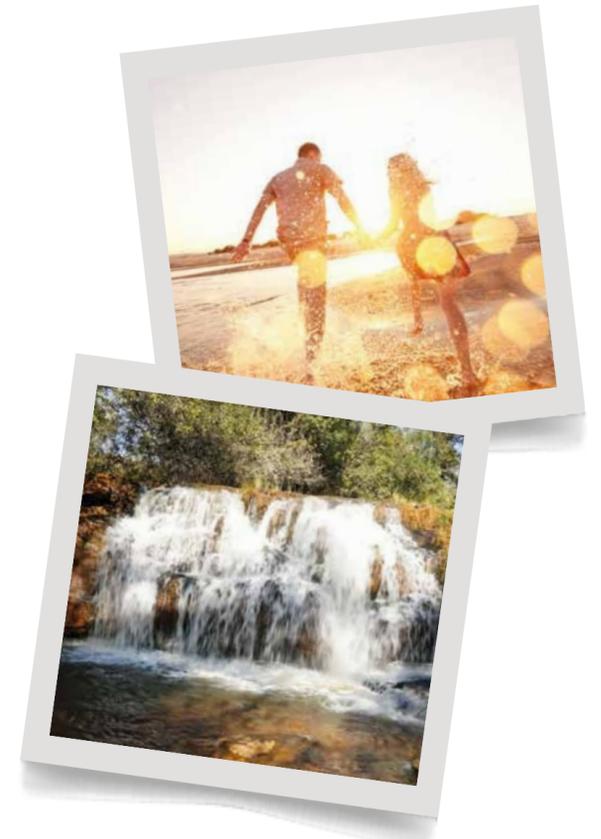
NUTRITION IS THE FUEL OF LIFE

**NO BRAIN,
NO GAIN.**

To achieve a healthy quality of life, we understand that it's necessary to balance and nourish the body, mind, and soul!

In addition to our products, which support healthy eating, Topway is a self-care movement, offering therapeutic immersions, WhatsApp support groups for guided meditation, and a self-care platform tailored to your needs.

Nourishing the body alone isn't enough; you need to nourish your body, mind, and soul.



LEAN
MASS
GAIN

BODY
AND MIND

MORE
VITALITY

LESS
STRESS

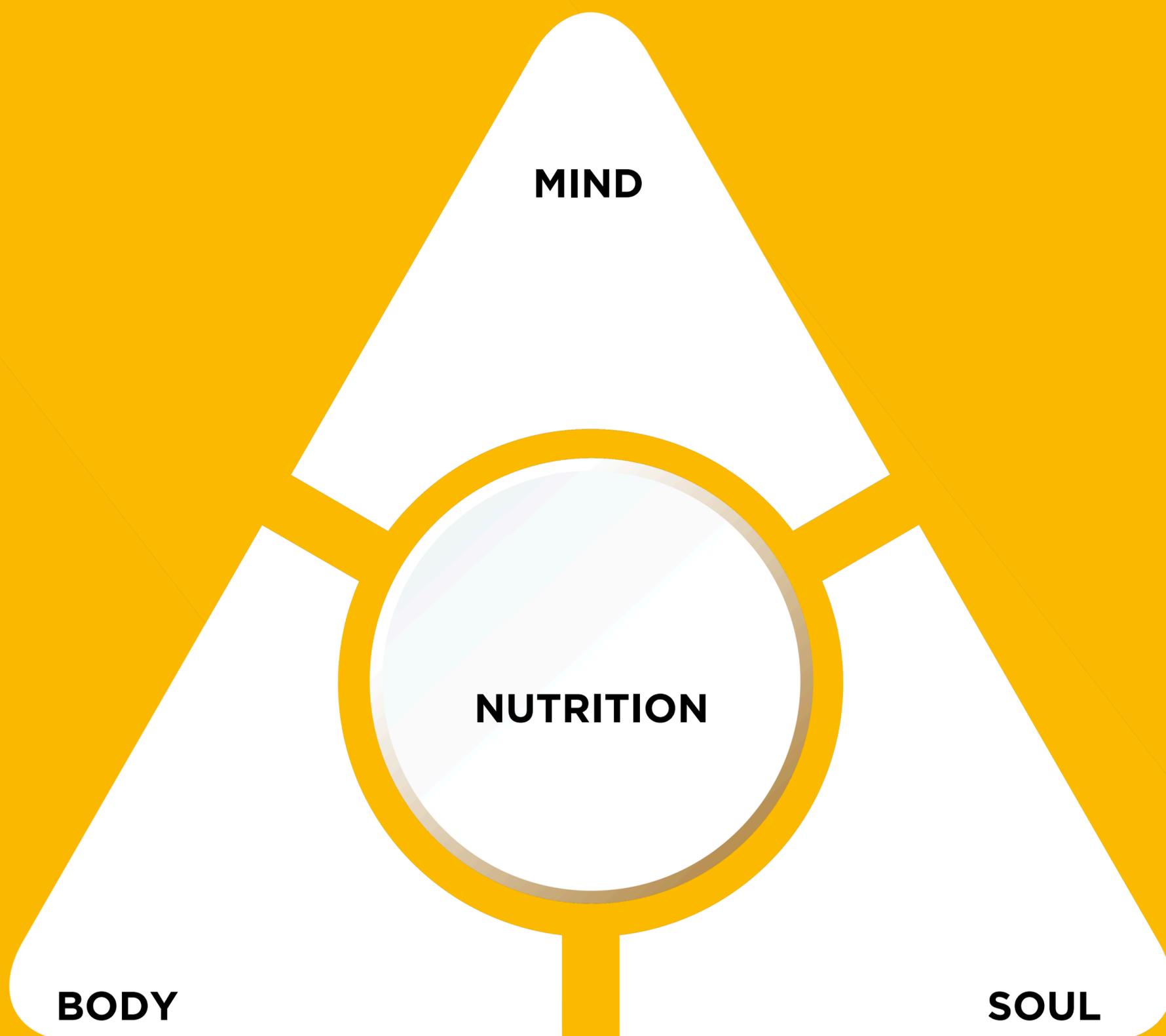
LESS
ANXIETY

IMPROVES
SLEEP

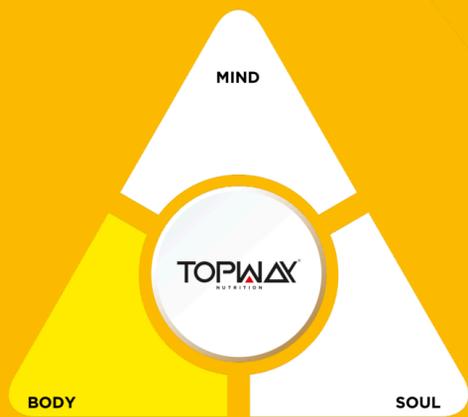


Achieving full health is possible, but to do so, we need to balance all of our body's systems: mind, gut, sleep, and more. Discover all of our products designed for this purpose, in pursuit of fulfillment, toward the top.

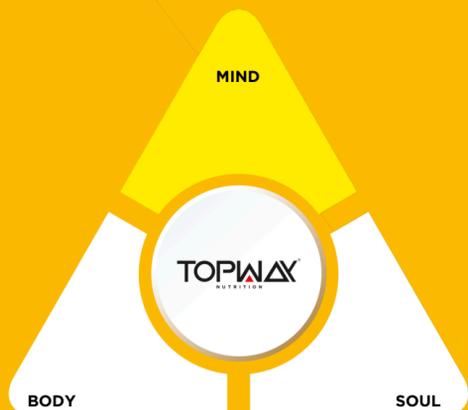
Our **purpose**



The path to the top, depicted in our pyramid, is a balance of the above factors. Nourishing the body isn't enough, nor is nourishing and caring for our mind. **BALANCE** and caring for all these factors guide us to the top, truly striving for peak physical and mental performance, but more than that, **QUALITY OF LIFE**.



Nutrition of **body**



Nutrition of **mind**

Our purpose is perfectly evident in our products, developed with the best doctors in every detail, from the packaging to the selection and dosage of each ingredient in the formulas. Natural and clean ingredients, brain-boosting vitamins, health-boosting active ingredients, and a wonderful flavor!

INTESTINE AND IMMUNITY

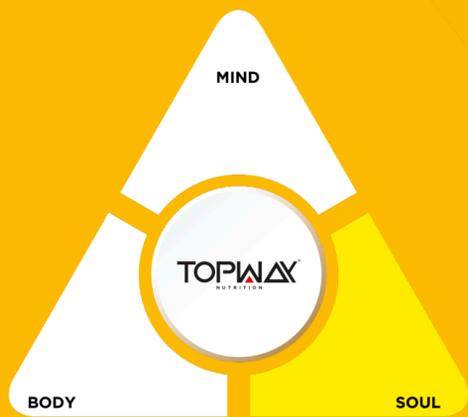


- **LEAN MASS**
- **9 VITAMINS FOR NUTRITION OF THE MIND**

- **LESS STRESS**
- **LESS ANXIETY**
- **HEALTHY SLEEP**

BEAUTY AND HEALTH

HIGH PERFORMANCE



THE ROAD TO THE TOP REQUIRES SELF-CARE AS A PRIORITY!

The perfect environment to achieve health and well-being, and reach peak performance through nourishment for body, mind, and soul!

You'll have access to an ecosystem of products and services in an exclusive benefits network! Top-notch doctors, personal nutritionists, and therapists are ready to support you on your journey! Plus, workout tips, fitness recipes, classes on supplementation, body language, spiritual intelligence, and much more!

ACCESS THE TOPWAY PLATFORM



 **BODY LANGUAGE**

 **SPIRITUAL INTELLIGENCE**

 **BENEFITS NETWORK**

 **TRAINING TIPS**

 **PROTOCOLS SECRETS OF SELF CARE**

 **NUTRITION: BODY, MIND AND SOUL**

TOPWAY MOMENT

Exclusive WhatsApp Group, where you'll experience a Topway Moment every day! A Topway Moment is a daily audio session lasting approximately 5 minutes, which will guide you to a PAUSE in time for self-care, promoting self-love, self-esteem, self-listening, and self-healing.

NOURISHING ONLY THE BODY IS NOT ENOUGH



TOPWAY NUMBERS

+ 24 thousand

customers in Brazil

150

PRODUCTS

+

7.000

prescribing nutritionists

RAW MATERIALS

with certification of origin and purity



+ 60 million

of followers on social media

+ 150 million

of accounts reached

TOPWAY
NUTRITION

MARKET NUMBERS

8,5TRI

WHAT WILL BE THE WELLNESS MARKET IN THE WORLD IN 2027 (US\$)

96BI

WELLNESS MARKET IN BRAZIL IN 2022 (US\$)

2X

THE HUMOR AND MENTAL HEALTH CATEGORY GREW TWICE MORE THAN THE SUPPLEMENT MARKET

11 BI

SUPPLEMENTS ARE SOLD TODAY IN BRAZIL (R\$)

49BI

IT'S THE SNACK MARKET IN BRAZIL (R\$)

1TRI

THE COST OF MENTAL HEALTH-RELATED PROBLEMS IN THE GLOBAL ECONOMY ANNUALLY (US\$)

50%

OF THE BRAZILIAN POPULATION DOES SOME PHYSICAL ACTIVITY

59%

EVERY HOUSE HAS AT LEAST ONE PERSON TAKING A DIETARY SUPPLEMENT

84%

OF THE ESTABLISHMENTS DOES IT HAVE ANY PRODUCTS IN THE CATEGORY

60%

LESS CHANCE OF HAVING ANXIETY IF YOU DO REGULAR PHYSICAL EXERCISE

86%

OF BRAZILIANS SUFFER FROM SOME MENTAL DISORDER

61%

CONSUMERS LOOK FOR HEALTHIER, SUGAR-FREE FOODS

Lore Improta and Léo Santana

Topway Partners



Healthy Snacks



Truly healthy, sweetened with stevia, rich in protein, and a source of vitamins and minerals. Created for the body and mind. Health in the palm of your hand.

TOPMAX[®]
NUTRITION

Go Fresh Fiber

HEALTHY SOFT DRINK? Yes, it exists. Go Fresh Fiber is Brazil's most innovative prebiotic soft drink. Zero sugar, with 4g of fiber for your gut health. No preservatives or dyes, and EXTREMELY refreshing. Made for any moment in your life, especially with Topway snacks.

- :: SWEETENED WITH STEVIA
- :: GLUTEN FREE
- :: RICH IN FIBER
- :: LACTOSE FREE



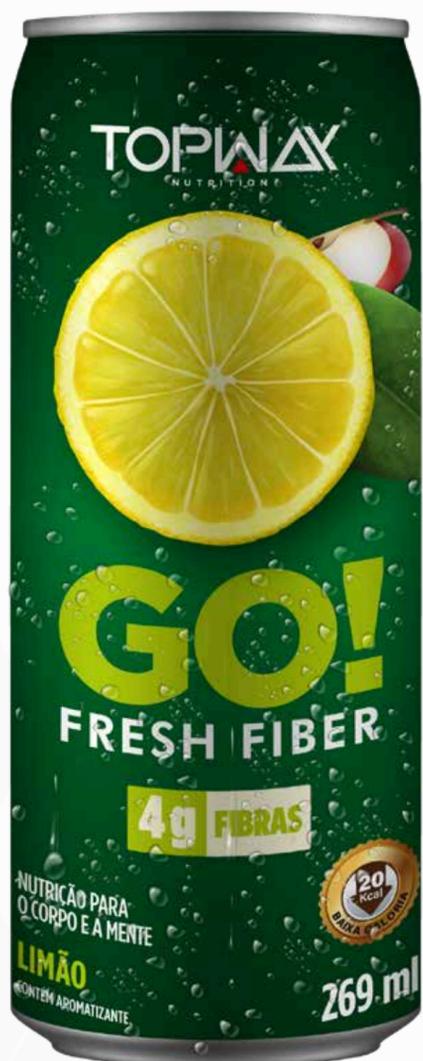
GLUTEN-FREE



RICH IN FIBER



STEVIA



Yamo Chocolate Milk

A functional chocolate drink that combines flavor and nutrition.

Made with pure cocoa, active vitamins, and minerals, it offers everything traditional chocolate drinks lack, without sugar and with many more benefits for the body.

With only 38 kcal per serving (15g), Yamo Chocolate Drink is the ideal choice for those seeking a more balanced diet.

:: SWEETENED WITH STEVIA

:: GLUTEN FREE

:: LACTOSE FREE

:: RICH IN VITAMINS AND MINERALS



GLUTEN-FREE



ZERO
LACTOSE



STEVIA



Yamo truffle

An experience of flavor and texture. With a delicious filling, an irresistible creaminess, and a concentrated texture. No artificial colors or flavors.

Lightness, intensity, and pleasure in every bite.

:: SWEETENED WITH STEVIA

:: GLUTEN FREE

:: LACTOSE FREE



GLUTEN-FREE



ZERO
LACTOSE



STEVIA



Yamo cupcake

A healthy and delicious cupcake. Topway has created a tasty cupcake that's rich in fiber, sugar-free, and dairy-free. A practical option with excellent nutritional information! Because it's gluten-free, it's a great option for celiacs. A great combination for any time of day!

- :: SOURCE OF FIBER
- :: ZERO GLUTEN
- :: ZERO MILK



GLUTEN-FREE



RICH IN
FIBER



ZERO
MILK



Protein Chips

A healthy, delicious, and high-protein snack. Topway has created a tasty, high-protein snack with 8g of protein, zero sugar, zero lactose, baked, and non-GMO. A practical option with an excellent nutritional information! Because it's lactose-free, it's an excellent option for celiacs. A great combination for any time of day!

:: PROTEIN SOURCE

:: ZERO LACTOSE

:: NON-GMO

8g
PROTEIN

ZERO
ADDITIONAL
SUGAR



ZERO
LACTOSE



Snack Yamo

A healthy and delicious snack. Topway has created a tasty snack that's sugar-free, gluten-free, lactose-free, baked, and non-GMO. Made with non-GMO soy. Super light: only 100 calories per package, gluten-free, dairy-free (zero risk of cross-contamination), and 100% plant-based (vegan snacks). Try it and be amazed!

:: ZERO LACTOSE

:: ZERO GLUTEN

:: NON-GMO



GLUTEN-FREE



ZERO LACTOSE



Cookies

The tastiest cookie. Topway has combined the best of both worlds to create a delicious cookie with 10g of protein, zero sugar, zero gluten, lactose-free, and sweetened with stevia. Topway cookies are delicious and healthy. Try them and be amazed!

:: PROTEIN SOURCE

:: LACTOSE FREE

:: SWEETENED WITH STEVIA

:: GLUTEN FREE

10g
PROTEIN

ZERO ADDITIONAL
SUGAR



ZERO
LACTOSE



STEVIA



Alfajor

A practical option with an excellent nutritional information! With ALFAJOR TOPWAY, you get 10g of protein to meet your daily protein needs in a practical and delicious way. It's sugar-free, lactose-free, and contains few ingredients for better quality and convenience.

- :: PROTEIN SOURCE
- :: LACTOSE FREE
- :: SWEETENED WITH STEVIA
- :: GLUTEN FREE

10g
PROTEIN

ZERO ADDITIONAL
SUGAR



ZERO
LACTOSE



STEVIA



Honey Bread

The tastiest gingerbread. Topway has combined the best of both worlds to create a delicious gingerbread with 6g of protein, zero sugar, zero gluten, dairy-free, and rich in fiber. Our gingerbread is both delicious and healthy.

- :: SOURCE OF PROTEIN
- :: DOES NOT CONTAIN MILK
- :: SWEETENED WITH STEVIA
- :: GLUTEN FREE
- :: RICH IN FIBER



Brownie

We know that incredible flavor and nutritional value can be found in the same product, so Topway Protein Brownie was created to complement your protein and nutritional needs, and provide immense pleasure for those looking for a great snack alternative for everyday life.

- :: SOURCE OF PROTEIN
- :: ZERO LACTOSE
- :: SWEETENED WITH STEVIA
- :: ZERO GLUTEN
- :: RICH IN FIBER



Protein Bar

4 new protein bar flavors. Topway has innovated and created even tastier bars with 12g of protein and zero added sugar. Our beloved bars, which were already so delicious and healthy, are now sensational.

- :: PROTEIN SOURCE
- :: SWEETENED WITH STEVIA
- :: LOW SODIUM

BODY AND MIND IN BALANCE		
VITAMIN D	VITAMIN B12	TRYPTOPHAN
1.000 UI	9.9 µg	500 mg

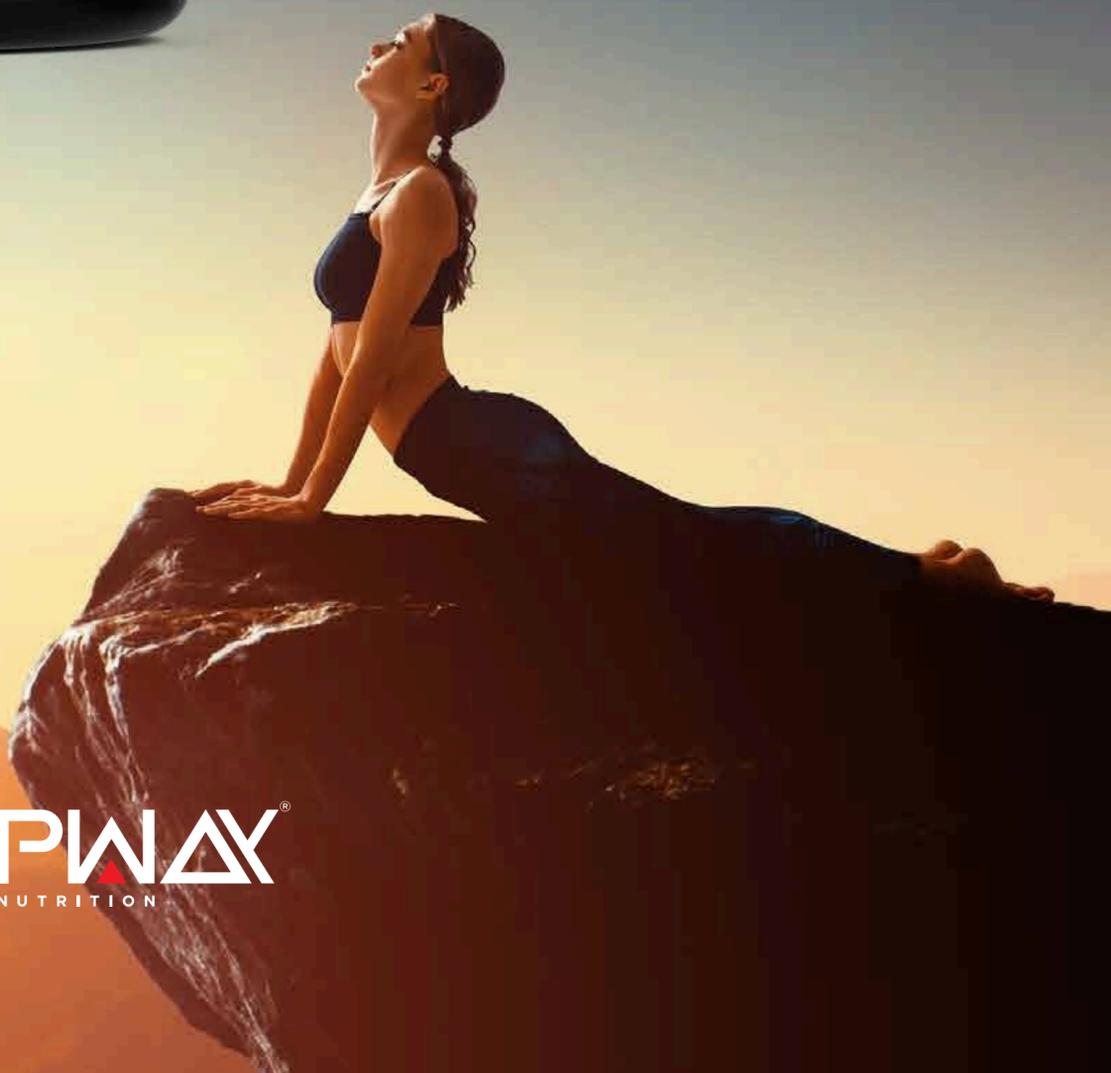
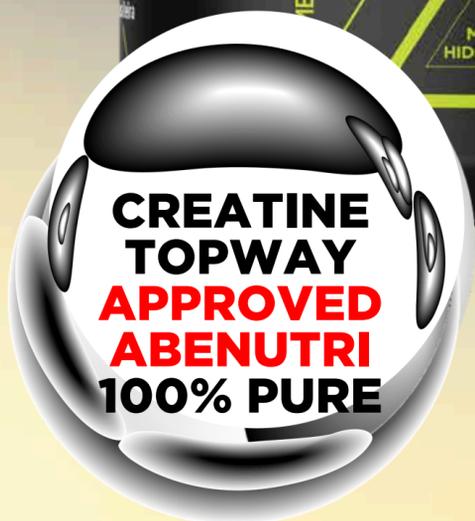
12g
PROTEÍNA



BODY AND MIND IN BALANCE



THE BOOST YOUR MUSCLES NEED FOR HIGH-INTENSITY ACTIVITIES AND LIFE-BALANCE.



TOPWAY
NUTRITION

Topway 100% pure creatine
now with 100 doses.
New 300g jar.

The same quality with much more quantity.



Ideal partner for explosive, intense, and shorter-duration physical activities.

- :: Intense muscle strength
- :: Immediate energy for cells
- :: Total performance during intense workouts
- :: Aids muscle recovery
- :: Significant gain in lean mass, increased muscle fibers
- :: Prevents the reduction of muscle mass in the body with the natural advancement of age
- :: Great alternative for dietary supplementation for vegetarians



Glutamine

For a better quality of life and well-being. TOPWAY® 100% PURE GLUTAMINE is a complete supplement, positively supporting multiple areas of the body.

Regular consumption of natural antioxidants has been shown to reduce free radical production and may modulate inflammation during strenuous exercise.



**A FASTER METABOLISM AND MORE
FOCUSED THAN NEVER BEFORE.
ENERGY, POWER, FOCUS, AND BETTER
PERFORMANCE IN YOUR WORKOUTS.**



TOPWAY[®]
NUTRITION

Turbo Pre-Workout

With the new TOPWAY®TURBO PRE-WORKOUT you will have the most complete combination for high-performance workouts of long, medium and short duration, the best for your disposition, strength, energy, focus and to delay muscle fatigue.

- BETA
- ALANINE
- TYROSINE
- ARGININE
- TAURINE
- PALATINOS
- CAFFEINE
- BEET
- EXTRACT
- ASPARTATE



**STEVIA
AND
THAUMATI
N**



FLAVORS

- RED FRUITS
- GREEN APPLE
- LEMON

Turbo Pre-Workout

With the new TOPWAY® TURBO PRE-WORKOUT you will have the most complete combination for high-performance workouts of long, medium and short duration, the best for your disposition, strength, energy, focus and to delay muscle fatigue.

- BETA
- ALANINE
- TYROSINE
- ARGININE
- TAURINE
- PALATINOS
- CAFFEINE
- BEET
- EXTRACT
- ASPARTATE



FLAVORS
• RED FRUITS
• LEMON

COMPLETE COMBINATION FOR HIGH-PERFORMANCE MEDIUM-AND SHORT- TERM WORKOUTS



TOPWAX
NUTRITION

Ready Pre-Workout

With the new formulation of TOPWAY® READY PRE-WORKOUT 2.0, you'll have a more complete combination for high-performance workouts of medium and short duration, aiming to improve your strength, energy, and disposition, preventing muscle catabolism, and helping you gain lean mass. All in one product!

- BETA ALANINE
- HMB
- ARGININE
- TAURINE
- PALATINOSIS
- CAFFEINE



CAFFEINE-FREE

OMEGA-3 IS RELATED TO VARIOUS CONTRIBUTIONS TO THE FUNCTIONING OF THE BODY, SUCH AS MAINTAINING TRIGLYCERIDE LEVELS. DHA, ONE OF THE OMEGA-3 FATTY ACIDS, IS A TYPE OF FAT PRESENT IN OUR BRAIN.



TOPWAY
NUTRITION

OMEGA 3 EPA DHA

EPA 660MG | DHA 440MG

Topway Omega 3 EPA DHA has the MEG-3[®] quality seal that recognizes the sustainable supply of omega 3 and the absence of heavy metals, potential neurotoxicants and other impurities in its composition.



OMEGA 3 SUPER DHA

DHA 1000MG | EPA 400MG

Topway Omega-3 Super DHA is made with fish oil and contains a high concentration of DHA. It provides 1000mg of DHA and 400mg of EPA in just two capsules, aiming for greater antioxidant function.



OMEGA 3 PHOSPHATIDYLSERINE

DHA 250MG | EPA 100MG | PHOSPHATIDYLSERINE 50MG

Exclusive Topway formula! Topway Omega-3 Phosphatidylserine was developed with one of the most important compounds for neurons: phosphatidylserine and DHA, which contains its antioxidant capacity.



A SMART AND EXCLUSIVE FORMULA SO YOU CAN MAINTAIN ADEQUATE LEVELS OF COENZYME Q10 IN YOUR BODY, COMBINED WITH VITAMIN E, WHICH CONTRIBUTES TO THE EFFICIENCY AND ABSORPTION OF COENZYME Q10.



Coenzyme Q10

VITAMIN E + COENZYME Q10

Exclusive Topway formula! Coenzyme Q10 and Vitamin E are antioxidants directly related to the proper functioning and performance of our cells, playing a protective role in cells and providing energy to muscles and brains.



THE MAIN FUNCTION OF MELATONIN IS TO REGULARIZE THE CIRCADIAN CYCLE (PREPARE THE BODY FOR SLEEP), AND IN COMBINATION WITH MAGNESIUM, TRYPTOPHAN AND INOSITOL IT WILL ENHANCE THE EFFECT OF MELATONIN.



Melatonin

INOSITOL | TRYPTOPHAN | MAGNESIUM

A good day starts with a good night's sleep! Topway's exclusive formula contains melatonin, inositol, tryptophan, and magnesium. A selection of active ingredients that enhance its action. This product is designed to promote a better night's sleep, greater calm, and relaxation.



INCREASE YOUR ENERGY, CALORIE EXPENDITURE AND GAIN MUCH MORE DISPOSITION IN WORKOUTS TO HELP WITH WEIGHT LOSS AND MEASUREMENT REDUCE.



TOPWAX[®]
NUTRITION

Thermogenic Fire

CAFFEINE, CHROMIUM, VITAMINS A, B5 and E

Specially developed with caffeine, chromium, vitamins and essential oils that together, in an exclusive formula, will boost your energy and considerably help your results.



TO PROVIDE BALANCE BETWEEN MIND AND BODY, DR. BRAIN TOPWAY® CONTAINS IN ITS FORMULA L-TRYPTOPHAN, VITAMINS B3 AND B6, AND PASSION FRUIT EXTRACT.



Don't let stress, anxiety, and fatigue get in the way of your training and eating routine as you pursue your goals.



L-TRYPTOPHAN



VITAMIN B3 and B6



PASSION FRUIT EXTRACT

Dr Brain

Special formula with L-Tryptophan, an essential amino acid with important brain properties. When combined with vitamin B3, this combination helps your body produce serotonin, a hormone linked to mood and well-being.



Articulation Flex

Protect your joints and improve your performance in your workouts and your quality of life! With TOPWAY® FLEX ARTICULATION, you get undenatured collagen supplementation, which is the major component present in cartilage. It's ideal for supporting joint health by improving inflammation and aiding in the treatment of cartilage injuries, rheumatoid arthritis, and autoimmune joint diseases.



**HEALTH AND QUALITY OF LIFE,
BODY AND MIND IN FULLNESS.
PROTECTION THAT COMES FROM NATURE.**



TOPWAY
NUTRITION

Morning Shot

So you can take care of your body and mind as they deserve. If you want better performance and a 100% functioning immune system, TOPWAY® MORNING SHOT is the answer.



PROPOLIS



SELENIUM



ZINC



Power Caffeine + TCM

Boost your metabolism and boost your physical and mental stamina with TOPWAY® TCM POWER CAFFEINE. Ideal for athletes and anyone seeking the best performance in physical activities and everyday life.



100% Whey

WHEY PROTEIN RICH IN VITAMIN D, B12 AND TRYPTOPHAN
LOTS OF FLAVOR IN AN EXCLUSIVE FORMULA, SWEETENED WITH STEVIA AND THAUMATIN



PROTEIN

21g

VITAMIN D

2.000 UI

TRYPTOPHAN

500mg

VITAMIN B12

9.9µg

 **STEVIA AND
THAUMATIN**

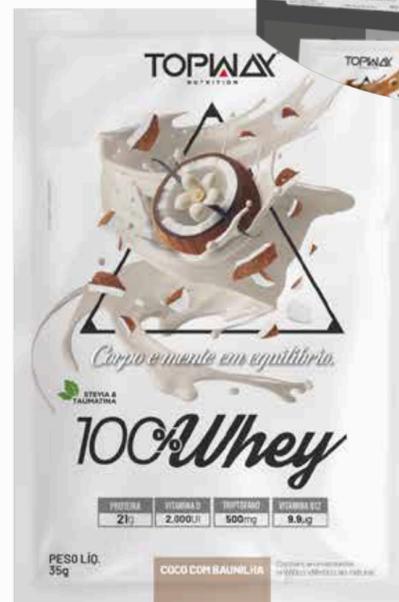
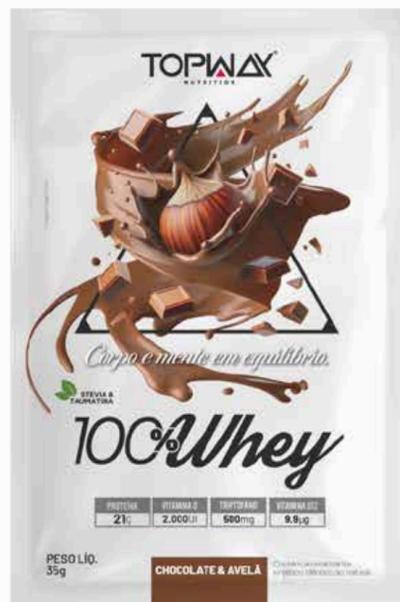
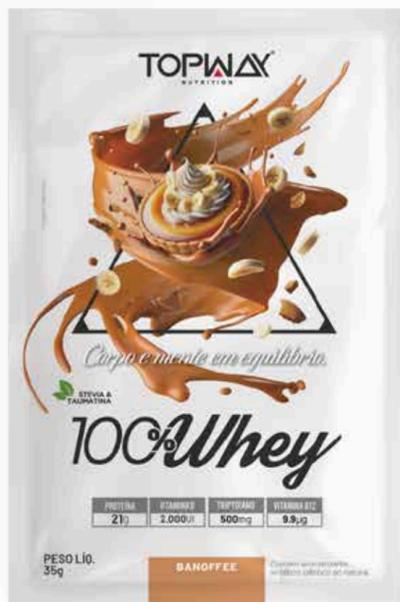
- ▲ Gain muscle mass
- ▲ Reduces fatigue

- ▲ Helps with weight loss
- ▲ Improves immunity

100% Whey

WHEY PROTEIN RICH IN VITAMIN D, B12 AND TRYPTOPHAN
 LOTS OF FLAVOR IN AN EXCLUSIVE FORMULA, SWEETENED WITH STEVIA AND THAUMATIN

**DISPLAY
 WITH 10
 SACHETS**



PROTEIN
21g

VITAMIN D
2.000 UI

TRYPTOPHAN
500mg

VITAMIN B12
9.9µg



- ▲ Gain muscle mass
- ▲ Reduces fatigue

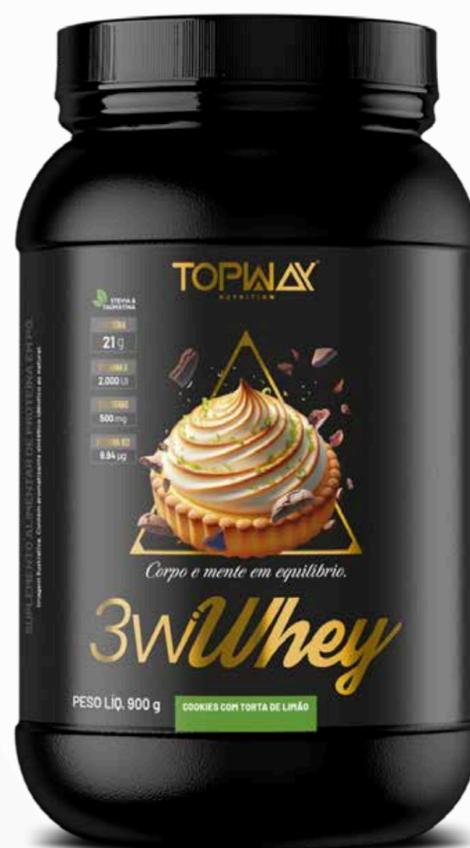
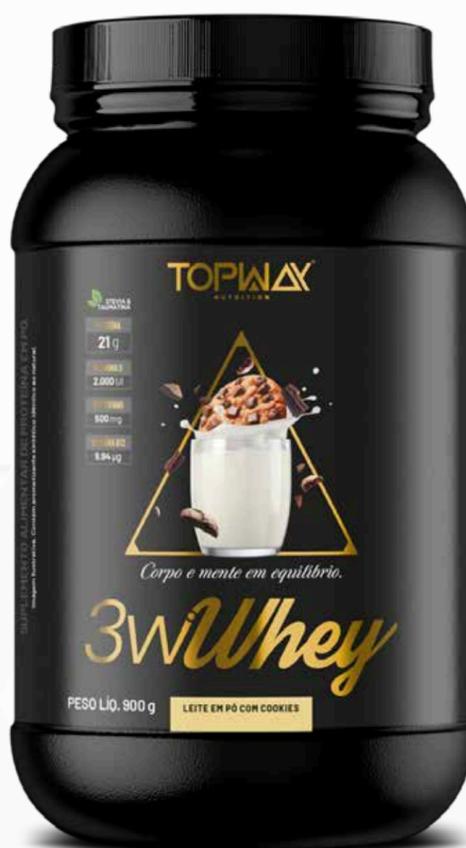
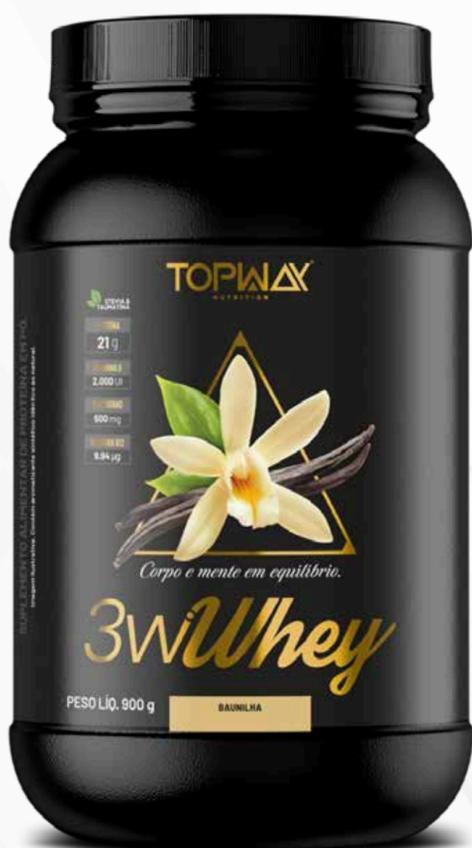
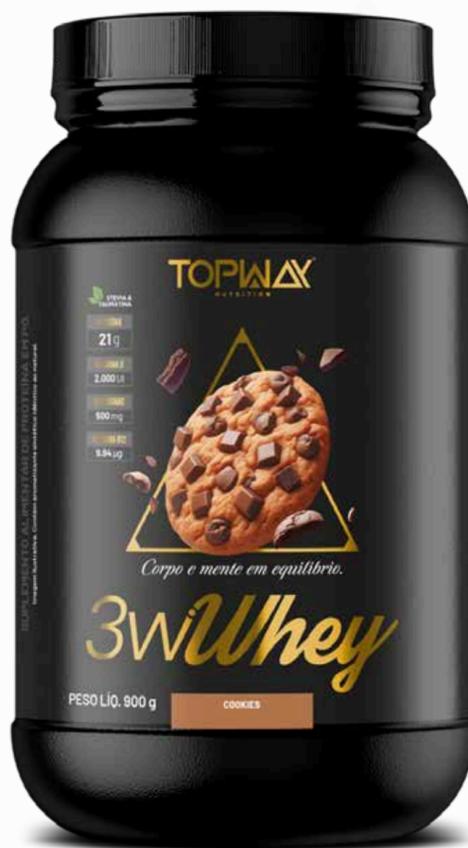
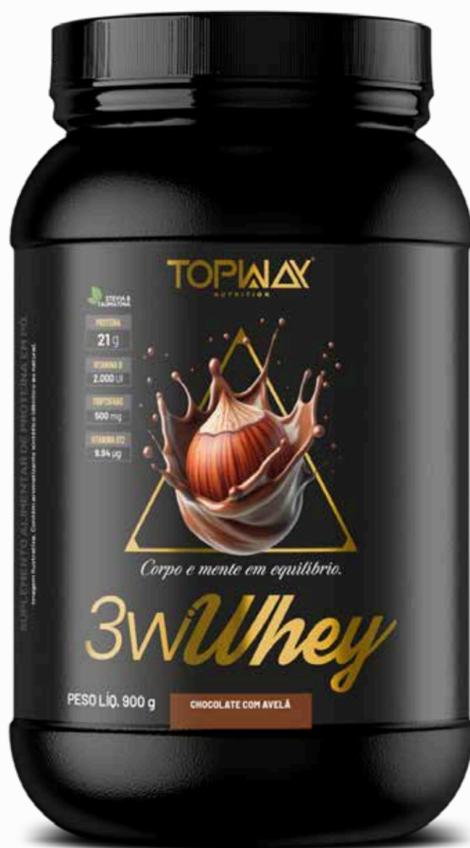
- ▲ Helps with weight loss
- ▲ Improves immunity

WHEY

GOLD 3W

PROTEIN

 STEVIA AND THAUMATIN



WHEY

PROTEIN

ISOLADO



STEVIA
AND
THAUMATI
N



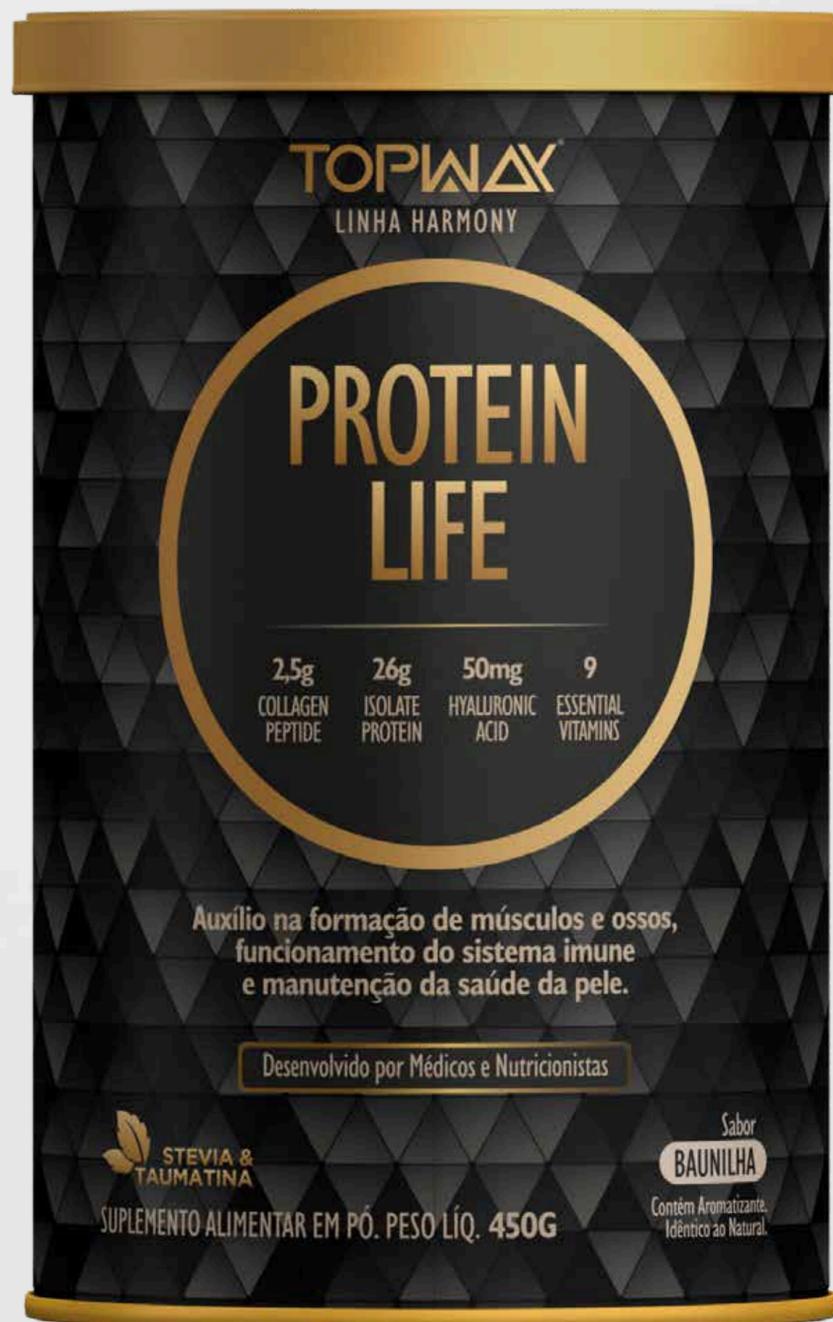
Line
harmony

A new line of products to revolutionize your body and mind care.



Protein Life: complete for you in all your life care needs.

Protein Life was developed with the aim of combining the properties of isolated protein (26g per scoop) associated with verisol collagen, hyaluronic acid, vitamins and minerals, aiming to improve the quality and hydration of the skin, preventing the effects of aging, strengthening muscles and improving body composition by gaining lean mass.



Clean LABEL



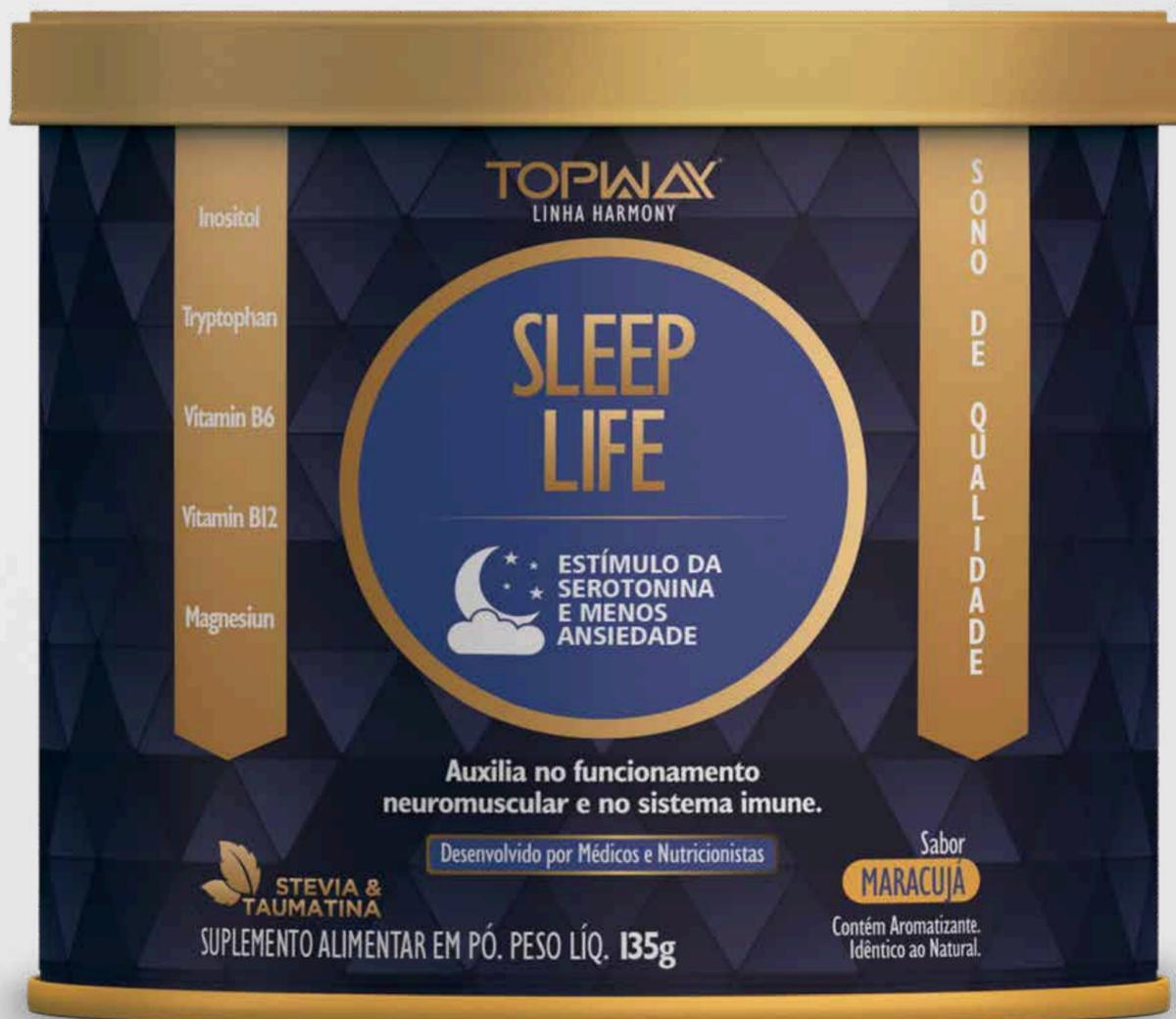
VERISOL®
Beauty from Within

Better quality sleep, less anxiety and stress.

Exclusive formula with inositol, tryptophan, vitamin B6, vitamin B12 and magnesium to help you in this process, providing more tranquility and relaxation.

Topway Nutrition has developed an exclusive formula to help you relax, stimulating the release and action of important neurotransmitters to improve sleep quality.

Sleep is one of the most important processes for the body; everyone appreciates its contribution to mood, energy levels, brain function, and daily well-being.



Clean LABEL



Improved immunity and intestinal health with fiber and Betamune.

Dietary fiber helps the intestines to function properly.

Microbiomune was developed with the goal of balancing your intestinal health with the best for your immune system in mind, combining the best fibers with a key ingredient for the immune system: Betamune.

We know that intestinal balance is directly related to the harmony of all systems for a healthy quality of life, which is why Microbiomune was made for you.

FLAVORS
VANILLA
LEMON
NEUTRAL



Clean LABEL



Your skin deserves the best.

Skin, hair, nails, and joints with fewer consequences of natural aging.

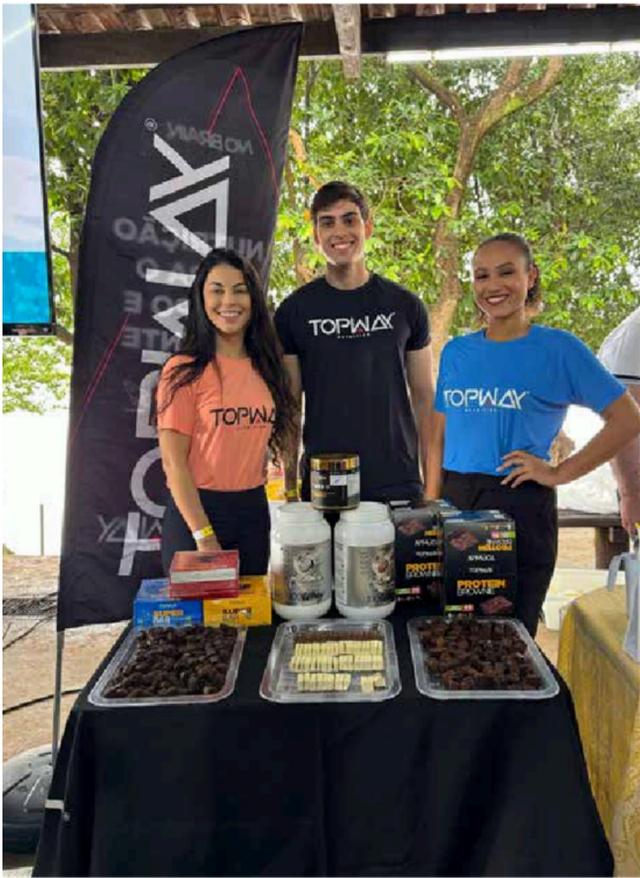
Dermo Hyaluronic was developed to help you fight free radicals, firm your skin, smooth wrinkles, reduce cellulite, strengthen your nails and hair, among other functions, with active ingredients such as Verisol Collagen, bioavailable silicon (Nutricolin) and Hyaluronic Acid, in addition to having a mix of vitamins to enhance the effect and absorption.



Clean LABEL

STEVIA AND
THAUMATIN





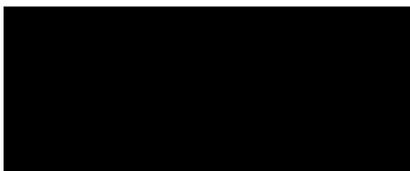
larissamanoela
 Larissa Manoela
 5.822 publicações 54,1 mi seguidores 2.163 seguindo



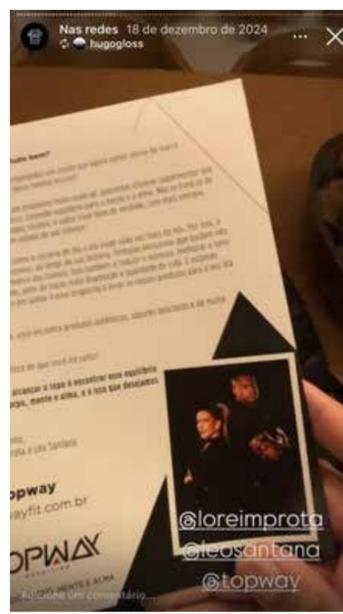
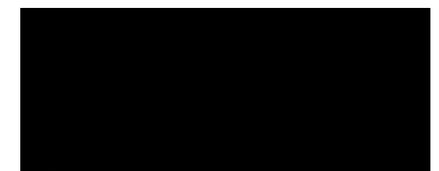
pretagil
 Preta Gil
 12,6 mil publicações 11,9 mi seguidores 6.216 seguindo



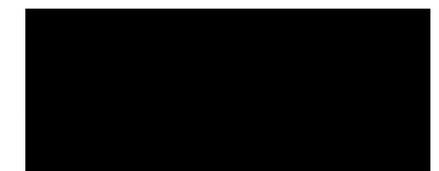
rafamoreira
 RAFAELA
 552 publicações 2,5 mi seguidores 996 seguindo



fepaesleme
 Fernanda Paes Leme
 7.548 publicações 5,2 mi seguidores 4.237 seguindo



juliette
 Juliette
 1.634 publicações 29,8 mi seguidores 2.168 seguindo



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